



Spring Clean

Decluttering Top Tips



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Spring Clean

1. Give yourself time



Get rid of distractions and focus on decluttering for five, 10, or 30 mins.

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2. Know your goal



Set an achievable goal. Are you going to clear out a drawer, a cupboard, a whole room?

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3. Make room for more



Clear out a storage area first, to make room for more decluttering.

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4. Musical motivation



Make a playlist of your favourite songs to keep you entertained.

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5. Get questioning



Ask yourself:

Will I use it again in the future?

Would I buy this if I was shopping now?

Do I own another item that does the same job?

Am I just keeping it for sentimental reasons?

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Donate your
pre-loved items



Bring your items to...

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Bring your items to..

An Enable Ireland
textile bank.

Any TK Maxx store
nationwide.

Any Enable Ireland
charity shop.



Get involved

enableireland.ie/donationbanks