
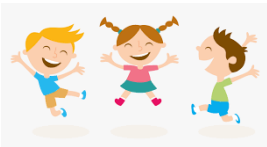




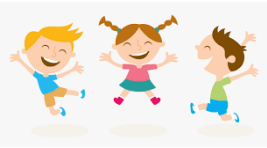











Children's Disability Network
 Team
 CDNT 4 Dunshauglin/East
 Meath
 Unit 14 Aerbridge House
 Dunshauglin Business Park
 Dunshauglin, Co Meath
 A85 XP48
 Tel: 01-8240696










Community Activities & Centres







<p>Newgrange Farm</p> 	<ul style="list-style-type: none"> ➤ Sand pits, Maze, Toy Tractors, Go Karts, Paly Houses, Under 5 Area, Animal Farm ➤ Closed for Winter months <p>Contact:</p> <ul style="list-style-type: none"> ➤ Newgrange Farm, Slane, Co. Meath ➤ Website: https://newgrangefarm.com/ ➤ Email: info@newgrangefarm.com
<p>The Ark Puddenhill</p> 	<ul style="list-style-type: none"> ➤ Indoor play centre, animal farm, and outdoor play grounds. Suitable for children up to 10 years old. <p>Contact</p> <ul style="list-style-type: none"> ➤ Moorepark, Puddenhill, Co. Meath, A42 Y046 ➤ Tel: 046 906 7337 ➤ Email: info@thearkpuddenhill.ie ➤ See more at: https://thearkpuddenhill.ie/
<p>Huckleberry Den</p> 	<ul style="list-style-type: none"> ➤ Huckleberry Den Navan is a soft play adventure Centre suitable for toddlers and children up to 10 years. Special needs events are run once a month for children with special needs and their siblings. Parent and toddler mornings take place every Thursday. <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: huckleberrysden.ie ➤ Tel: 046 909 3377
<p>Ship Shape Kids Play</p> 	<ul style="list-style-type: none"> ➤ Soft play center for children aged 1 – 11 years in Junction 6 Castleknock ➤ Monthly Autism friendly months <p>Contact</p> <ul style="list-style-type: none"> ➤ shipshapekidsplay@gmail.com ➤ www.shipshapekidsplay.com ➤ Facebook: shipshapekidsplay ➤ 01 829 4123

<p>My Little Play Home</p> 	<ul style="list-style-type: none"> ➤ Soft play center for children aged 1 – 11 years in Drogheda ➤ Quite Times – Wednesday and Thursday 10am-12pm <p>Contact</p> <ul style="list-style-type: none"> ➤ mylittleplayhomeltd@gmail.com ➤ Facebook: MYLITTLEPLAYHOME ➤ 085-820 8303
<p>Bounce and Beyond Trampoline Park</p> 	<ul style="list-style-type: none"> ➤ Trampoline Park ➤ Suitable for ages 5-17 years old <p>Contact</p> <ul style="list-style-type: none"> ➤ admin@bouncenbeyond.ie ➤ https://bouncenbeyond.ie/ ➤ Ballyboughal, Co. Dublin, A41 X903 ➤ (01) 539 2747
<p>Airbound Trampoline Park</p> 	<ul style="list-style-type: none"> ➤ Trampoline Park ➤ Silent Hours between 6pm and 7pm (€6 entry + €2 for socks) ➤ Regular Hours: €12 + €2 for socks <p>Contact</p> <ul style="list-style-type: none"> ➤ info@airbound.ie ➤ https://www.airbound.ie/ ➤ Unit 19 Northlink Business Park , Coes Road, Dundalk, Co. Louth, A91HWT7 ➤ 042-933 3433
<p>Awesome Walls</p> 	<ul style="list-style-type: none"> ➤ Rock climbing / Bouldering Centre ➤ Sensory Friendly Times: 10am-5pm weekdays <p>Contact</p> <ul style="list-style-type: none"> ➤ dublin@awesomewalls.ie ➤ https://awesomewalls.ie/dublin/ ➤ Unit 6, North Park Business Park, Finglas, Dublin, D11 YP40 ➤ (01) 880 0088
<p>Emerald Park</p> 	<ul style="list-style-type: none"> ➤ Amusement park that accepts JAM card and Purple Card <p>Contact</p> <ul style="list-style-type: none"> ➤ https://www.emeraldpark.ie/ ➤ Kilbrew, Ashbourne, Meath, A84 EA02 ➤ (01) 8351999
<p>Brookfield Stables</p> 	<ul style="list-style-type: none"> ➤ Brookfield Stables run summer camps and horse riding lesson for all children with a variety of needs. ➤ Hanlonstown, Navan, Co Meath. <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: Brookfieldstables.ie ➤ Tel: 087 138-1716 ➤ Email: info@brookfieldstables.ie





<p>Riding for Disabled Association Ireland</p> 	<ul style="list-style-type: none"> ➤ The RDAI is an Irish voluntary organization who offer therapeutic and recreational riding or carriage driving to people with a physical or intellectual disability. The organization runs weekly lessons and classes in Pelletstown Riding Centre and Kells Equestrian Centre <p>Contact</p> <ul style="list-style-type: none"> ➤ Contact: Helena O'Reilly ➤ Email: helenaoreilly@eircom.net
<p>Old Town Riding Stables</p> 	<ul style="list-style-type: none"> ➤ A family run stables situated in rural North Dublin. ➤ Cater for all levels of riding abilities. ➤ Those with special needs are especially welcome at the establishment: associated with Special Olympics Ireland and the Riding for Disabled Association. <p>Contact</p> <ul style="list-style-type: none"> ➤ Wyestown, Oldtown, North Co.Dublin ➤ Tel: 01 8354 755
<p>Ability Equine Assisted Therapy</p> 	<ul style="list-style-type: none"> ➤ Located in Castletown outside Navan Co. Meath ➤ Cater for all level of riding abilities ➤ Offer therapeutic horse riding, children's camp, carers mornings <p>Contact</p> <ul style="list-style-type: none"> ➤ 0861594997 ➤ https://aeat.ie
<p>Aura Leisure Centre</p> 	<ul style="list-style-type: none"> ➤ Aura swimming pools provide swimming instructors trained in working with children with disabilities. Children are taught in mainstream classes within groups of 8. Lessons begin from 3 years of age upwards. <p>Contact</p> <ul style="list-style-type: none"> ➤ Swimming lesson timetable and additional information can be found on their website ➤ www.auraleisure.ie ➤ Locations: Trim, Navan, Drogheda, Dundalk ➤ Trim: 046 943 8730, msrtrim@auragroup.ie ➤ Navan: 046 907 9950, navanlesson@aura.ie ➤ Drogheda: 041 987 4478 ➤ Dundalk: 042 933 6230






<p>National Aquatic Centre</p> 	<ul style="list-style-type: none"> ➤ Offers swimming lessons and Inclusion Camps ➤ 10 week swimming lessons: <ul style="list-style-type: none"> ➤ 4-10 years – Tuesdays 3pm-3:30pm ➤ Teen Autism – Thursdays 7:45pm – 8:30pm ➤ Offers seasonal multisport camps (Summer, Halloween, Christmas, and Mid- Term Breaks) ➤ Several Sensory Areas located in the building (free to use) <p>Contact</p> <ul style="list-style-type: none"> ➤ Swimming Lessons: https://www.sportirelandcampus.ie/autism-class-swimming-lessons ➤ Multisport camps: https://www.sportirelandcampus.ie/kids/kids-camps-2023 ➤ amandawynn@sportirelandcampus.ie ➤ Tel: 01 646 4300
<p>Learn to Cycle</p> 	<ul style="list-style-type: none"> ➤ 6 Week program that is led by a qualified Cycling Ireland instructor with active parent involvement during the session. ➤ On at various intervals throughout the year and in various locations around Meath <p>Contact</p> <ul style="list-style-type: none"> ➤ Organised by Meath Local Sports Partnership – Terry Donegan ➤ Email: tdonegan@meathcoco.ie ➤ Website: https://www.meathsports.ie/inclusive-sports/learn-2-cycle/
<p>Run-Jump-Throw</p> 	<ul style="list-style-type: none"> ➤ 6 Week program that aids in gross motor development through different sports, fun games, and obstacle challenges that are all adaptable to the child. ➤ On at various intervals throughout the year and in various locations around Meath <p>Contact</p> <ul style="list-style-type: none"> ➤ Organised by Meath Local Sports Partnership – Terry Donegan ➤ Email: tdonegan@meathcoco.ie ➤ Website: https://www.meathsports.ie/inclusive-sports/run-jump-throw/
<p>Inclusive Rugby</p> 	<ul style="list-style-type: none"> ➤ Inclusive Tag Rugby ➤ Location: Navan RFC every Sunday morning at 10:00am <p>Contact</p> <ul style="list-style-type: none"> ➤ Organised by Meath Local Sports Partnership – Terry Donegan ➤ Email: tdonegan@meathcoco.ie ➤ Website: https://www.meathsports.ie/inclusive-sports/inclusive-rugby/


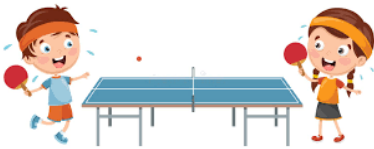


<p>GAA-For-All</p> 	<ul style="list-style-type: none"> ➤ Inclusive GAA ➤ Locations: Meath, Louth, North Dublin, North Kildare ➤ Meath: Ratoath Rockets, Oldcastle GFC, Moynalty GFC, Dunderry GFC, St Colmcilles (Bettystown), Navan O'Mahonys, Duleek Bellewstown GFC ➤ Louth: St Fechins GAA (Termonfeckin), Dundalk Gaels, Naomh Mairtin (Monasterboice), Troche Emmets (Dundalk), Cooley Kickhams GFC (Carlingford), Glen Emmets (Tullyallen) ➤ North Dublin: Raheny GAA, St Peregrines (Coolmine), Ballymun Kickhams, St Maurs GAA (Rush), St Sylvester's (Malahide), ClG Na Fianna (Glasnevin) ➤ North Kildare: Cappagh GAA (Newtown), An Chill GAA (Kill) <p>Contact: through teams website</p>
<p>Football-for-All</p> 	<ul style="list-style-type: none"> ➤ Weekly training sessions on in various locations around Meath ➤ Clubs included: East Meath United, Balrath FC, Castle Ville, and Enfield United <p>Contact</p> <ul style="list-style-type: none"> ➤ Organised by FAI – Paddy O'Reilly ➤ Email: footballforall@fai.ie ➤ Website: https://www.fai.ie/domestic/football-for-all/football-for-all-clubs-map ➤ East Meath United <ul style="list-style-type: none"> ➤ Location: Minnistown Rd, Ninch, Co. Meath ➤ Website: https://www.eastmeathunited.ie/ ➤ Balrath FC <ul style="list-style-type: none"> ➤ Location: Balrath, C15 H9P3 ➤ Website: http://www.balrathgbfc.com/ ➤ Castle Villa <ul style="list-style-type: none"> ➤ Location: Kells, A82 W578 ➤ Website: https://castlevillameath.com/ ➤ Enfield Celtic <ul style="list-style-type: none"> ➤ Location: Dublin Rd, Enfield, Meath ➤ Website: https://www.facebook.com/enfieldcelticfc/
<p>Football-for-All: Vision Impaired Football</p> 	<ul style="list-style-type: none"> ➤ Weekly training sessions on in Bettystown. <p>Contact</p> <ul style="list-style-type: none"> ➤ Organised by FAI – Paddy O'Reilly ➤ Email: footballforall@fai.ie ➤ Website: https://www.fai.ie/domestic/football-for-all/football-for-all-clubs-map ➤ Donacarney Celtic <ul style="list-style-type: none"> ➤ Location: Dun Eimear Green, Donacarney Great, Bettystown, Co. Meath ➤ Website: www.donacarneyceltic.com

<p>Enjoy Tennis</p> 	<ul style="list-style-type: none"> ➤ Weekly training sessions on in Kells Tennis Club on Sundays 12pm-1pm <p>Contact</p> <ul style="list-style-type: none"> ➤ Richard Tuner (Kells Tennis Club Coach): 086-8524410 ➤ Website: https://www.meathsports.ie/inclusive-sports/enjoy-tennis/
<p>Dunshaughlin Dance</p> 	<ul style="list-style-type: none"> ➤ All classes are inclusive, they offer various dance styles for various ages. ➤ Dance styles include: Hip-Hop, Acrobatic Dance, Ballroom/Latin, Jazz, and Baby Boppers <p>Contact</p> <ul style="list-style-type: none"> ➤ Email: dunshaughlindance@gmail.com ➤ Website: https://www.dunshaughlindance.ie/
<p>D.P. Gymnastics</p> 	<ul style="list-style-type: none"> ➤ Offers 10 week blocks of classes (with trial period) ➤ Location: Drogheda ➤ Contact: (01) 690 4208 ➤ Website: https://dpgymnasticsclub.com/
<p>Braveheart Martial Arts Academy</p> 	<ul style="list-style-type: none"> ➤ All classes on offer are inclusive to all children. Instructors are able to adapt the class to the child. ➤ Location: Oak Tree Industrial Estate, Trim, Co. Meath <p>Contact</p> <ul style="list-style-type: none"> ➤ Website: https://www.facebook.com/braveheartkenpo/ ➤ Email: tigerbren@gmail.com
<p>Spectrum Fitness Huntstown</p> 	<ul style="list-style-type: none"> ➤ Spectrum Kids Fitness organises evening classes for its participants to take part in a variety of different activities each week, with the main goals of building fitness as well as developing one's social skills and self-confidence. ➤ They run classes for autistic children <p>Contact</p> <ul style="list-style-type: none"> ➤ 0872568678 ➤ Facebook: Spectrum Kids Fitness
<p>Scouts</p> 	<ul style="list-style-type: none"> ➤ All scouting groups in Ireland are inclusive and the leaders ➤ Locations include: Dunshaughlin (A85PN28), Dunboyne, Stamullen (K32C433), Kentstown, Donore (A92FW14) , Ratoath (A85TX29) ➤ Dunshaughlin: info@7thmeathscouts.ie ➤ Dunboyne: GLFirstMeathDunboyneScouts@gmail.com ➤ Stamullen: stamullensg@gmail.com ➤ Kentstown: 21smeath@gmail.com ➤ Donore: 22ndmeath@gmail.com ➤ Ratoath: 9thmeathratoathgroupcouncil@gmail.com







Special Olympics Ireland- Sports


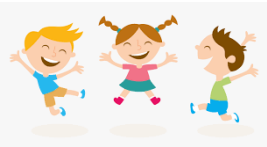


<p>Special Olympics Ireland: Athletics</p> 	<ul style="list-style-type: none">➤ Club Locations: Ashbourne, Dunshaughlin, Navan, Drogheda<ul style="list-style-type: none">➤ Ashbourne: Ashbourne Community Centre; Saturday 10-11am➤ Dunshaughlin: Dunshaughlin Community Centre; Tuesday 6-7pm➤ Navan: Claremount Stadium; Friday 7-8pm➤ Drogheda: Slaugh Hall; Monday 6:45-9, Friday 8-9pm➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=43
<p>Special Olympics Ireland: Basketball</p> 	<ul style="list-style-type: none">➤ Club Locations: Navan (Arch Club), Drogheda<ul style="list-style-type: none">➤ Navan: Navan Arch Club, Beaufort College; Thursday 7:30-9:30pm➤ Drogheda: Drogheda Institute of Further Education; Wednesday 7:30-8:30pm➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=45
<p>Special Olympics Ireland: Bocce</p> 	<ul style="list-style-type: none">➤ Club Locations: Navan (Arch Club), Drogheda<ul style="list-style-type: none">➤ Navan: Navan Arch Club, Beaufort College; Thursday 7:30-9:30pm➤ Drogheda: Slaugh Hall; Monday 6:45-9pm➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=46
<p>Special Olympics Ireland: Equestrian</p> 	<ul style="list-style-type: none">➤ Club Locations: Kells<ul style="list-style-type: none">➤ Kells: Kells Equestrian Centre; Tuesday 4:30-5:30pm, Wednesday 5-6pm➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=48





<p>Special Olympics Ireland: Floorball</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Navan (Arch Club), Navan (Royal Rovers), Ashbourne <ul style="list-style-type: none"> ➤ Navan: Navan Arch Club, St. Mary's Hall; Wednesday 7-8pm ➤ Navan: Royal Rovers, Claremont Stadium; Tuesday 6-7pm ➤ Ashbourne: Ashbourne Community Centre; Saturday 10-11am ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=46
<p>Special Olympics Ireland: Football</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Ashbourne, Drogheda <ul style="list-style-type: none"> ➤ Ashbourne: Ashbourne Community Centre; Thursday 7-8pm ➤ Drogheda: Leisure Park; Thursday 7-8pm, Saturday 12-1pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=50
<p>Special Olympics Ireland: Golf</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Drogheda <ul style="list-style-type: none"> ➤ Ashbourne: Ashbourne Community Centre; Drogheda: County Louth Golf Club; Thursday 11-12pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=50
<p>Special Olympics Ireland: Kayaking</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Cavan Town <ul style="list-style-type: none"> ➤ Cavan Town: Cavan Canoe Centre; Wednesdays 6:30-8:30pm (Summer Time) ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=16&sport=53
<p>Special Olympics Ireland: Motor Activities</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Navan <ul style="list-style-type: none"> ➤ Navan: Navan Arch Club (No Details-keep an eye on Facebook) ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=57

<p>Special Olympics Ireland: Swimming</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Trim, Navan, Drogheda, North Dublin, Corduff <ul style="list-style-type: none"> ➤ Trim: Aura Leisure Centre, Trim; Wednesdays 7-8pm ➤ Navan: Aura Leisure Centre, Navan; Tuesday 7-8pm ➤ Drogheda: Drogheda Leisure Centre; Friday 6:45-8pm ➤ North Dublin: ALSAA; Thursday 7-8pm ➤ Corduff: National Aquatic Centre; Sunday 4-5pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=57
<p>Special Olympics Ireland: Table Tennis</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Navan <ul style="list-style-type: none"> ➤ Navan: Navan Arch Club; Thursday 7:30-9:30pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=56
<p>Special Olympics Ireland: Tenpin Bowling</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Drogheda (Navan Arch Club), Navan (Navan Arch Club) <ul style="list-style-type: none"> ➤ Drogheda: Drogheda Leisure Centre; Wednesday 7-9pm ➤ Navan: The Zone; Wednesday 7-9pm, Friday 6-7pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=75
<p>Special Olympics Ireland: Young Athletes Club</p> 	<ul style="list-style-type: none"> ➤ Club Locations: Dunshaughlin <ul style="list-style-type: none"> ➤ Dunshaughlin: Dunshaughlin Community Centre; Tuesday 6-7pm ➤ Website: https://www.specialolympics.ie/local-clubs/find-a-club?k=&location=32&sport=56







Community Services and Initiatives







<p>AsIAM – Purple Card</p> 	<ul style="list-style-type: none"> ➤ Purple card allows for discounts in various centres including; Emerald Park, Dublin Zoo, Titanic Belfast, and others around the Country. ➤ Website: https://asiam.ie/apply/
<p>Just A Minute (JAM) Cards</p> 	<ul style="list-style-type: none"> ➤ Card that indicates the person needs additional time and patients from the service provider during public or social situations ➤ Accepted in Ireland in various business: <ul style="list-style-type: none"> ➤ Transport for Ireland Services (Bus Éireann, Dart, Luas, Dublin Bus, Iarnród Éireann, and TFI Local Link. ➤ Some grocery stores: Lidl, EuroSpar, and Spar ➤ Banks: AIB and BOI
<p>Supervalu Autism Friendly Shopping</p> 	<ul style="list-style-type: none"> ➤ Weekly time dedicated to a sensory friendly shopping environment. Locations include: Navan, and Trim. ➤ Navan: Monday 9:30am-10:30am ➤ Trim: Tuesdays 7pm-9pm <p>Contact</p> <ul style="list-style-type: none"> ➤ Website: https://supervalu.ie/real-people/autism-friendly/shops
<p>Lidl Autism Friendly Shopping</p> 	<ul style="list-style-type: none"> ➤ Weekly time dedicated to a sensory friendly shopping environment ➤ 6-8pm on Tuesdays ➤ Locations: Bettystown, Dunshaughlin, Ashbourne, Balbriggan, Clonee, Navan, and Trim
<p>Aldi Autism Friendly Shopping</p> 	<ul style="list-style-type: none"> ➤ Weekly time dedicated to a sensory friendly shopping environment. At 6:30-8:30pm on Tuesdays ➤ Across all 156 Aldi locations in Ireland; <p>Contact</p> <ul style="list-style-type: none"> ➤ Website: https://www.aldipresscentre.ie/business-news/aldi-rolls-out-autism-friendly-hours-across-all-stores-nationwide/
<p>Pennys Autism Friendly Shopping</p> 	<ul style="list-style-type: none"> ➤ Weekly time dedicated to a sensory friendly shopping environment ➤ First hour of trade on Sundays ➤ Locations: Blanchardstown, Navan, and Liffey Valley <p>Contact</p> <ul style="list-style-type: none"> ➤ Website: https://www.primark.com/en-ie/autism-friendly

<p>Downs Syndrome Louth Meath Branch</p> 	<ul style="list-style-type: none"> ➤ The Louth/Meath Branch of Down syndrome Ireland is run on a completely voluntary basis by parents of children with Down syndrome. Their aim is to support people with Down syndrome and their families in the counties of Louth and Meath. <p>Contact</p> <ul style="list-style-type: none"> ➤ Updates on events and services can be found on their website or Facebook page. ➤ See more at: DSILMB.com or Facebook.com/downsyndromeirelandlouthmeathbranch
<p>Autism Support Louth and Meath</p> 	<ul style="list-style-type: none"> ➤ Autism Support Louth & Meath is a parent led support group for families of both autistic children and adults based mainly in Drogheda. They run monthly support group meetings, weekly youth clubs, training courses and family events. They provide information and advocacy, lobby locally and nationally on autism and disability issues and provide a network of parents and families who can support and help each other. <p>Contact</p> <ul style="list-style-type: none"> ➤ autismsupportlouth.com ➤ For updates on events please see the 'News' section of their website.
<p>Best O'Matz</p> 	<ul style="list-style-type: none"> ➤ Best of Matz offer a therapeutic area of relaxation and stimulation for children with a sensory playroom based on the four principles of smell, sound, sight and touch. The room is complete with specialised sensory activity equipment, sensory lighting and they even have an exotic fish tank on display. <p>Contact</p> <ul style="list-style-type: none"> ➤ Kells Business Park, Cavan Road, Kells, Co. Meath ➤ 046 929 3432
<p>Delta Sensory Gardens</p> 	<ul style="list-style-type: none"> ➤ TripAdvisor often describes it as 'an oasis of peace and tranquillity' ➤ Located on the outskirts of Carlow town, the gardens are set on 2.5 acres of land with 16 interconnecting, themed areas which are accessible for people of all abilities. <p>Contact</p> <ul style="list-style-type: none"> ➤ Strawhall Estate, Carlow, Co. Carlow, Ireland ➤ Tel:(0) 59 914 3527





<p>The Brickx Club</p> 	<ul style="list-style-type: none"> ➤ The Brickx Club is a creative brick building and social activity club for girls and boys. There are a number of clubs located across Ireland. They run pre-school clubs, after-school clubs, workshops and parties as well as Easter, summer and midterm camps. ➤ Smaller groups are run catering for all abilities. These take place in special schools either as part of the school day or as an after school activity. <p>Contact</p> <ul style="list-style-type: none"> ➤ See More at: thebrickxclub.com ➤ Navan are Contact: Sarah 089 2129802
<p>Odeon Newbies</p> 	<ul style="list-style-type: none"> ➤ Selected Odeon cinemas are running baby friendly screenings of latest releases. Screenings include softer volume, dimmed lighting intended to create a soothing environment for both baby and child. Screenings are specifically for parents and babies so it is understood that they may not stay completely quiet throughout the film. ➤ Participating cinemas include Blanchardstown, Cavan, Charlestown, Coolock, Newbridge, Naas, Stillorgon, Limerick, Point Square, Portlaoise and Waterford. <p>Contact</p> <ul style="list-style-type: none"> ➤ Contact details for all participating cinemas can be found on their website: OdeonCinemas.ie/Newbies
<p>The Solstice Arts Centre</p> 	<ul style="list-style-type: none"> ➤ The Solstice Arts Centre Navan holds Autism Friendly screenings of popular children's films. Updates on events are posted on their website under 'News.' <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: Solsticeartscentre.ie ➤ Tel: 046 909 2300
<p>Meath Library</p> 	<ul style="list-style-type: none"> ➤ Various libraries around Meath offer events or times that are sensory friendly. ➤ Some libraries rent out sensory toys or equipment for free and have sensory rooms on site <p>Contact</p> <ul style="list-style-type: none"> ➤ https://www.meath.ie/council/council-services/libraries/library-events

Walks around Meath

<p>Loughcrew</p> 	<ul style="list-style-type: none"> ➤ Time: 40-75 minutes ➤ Length: 3-4km trail ➤ Difficulty: Moderate ➤ Stat-point: Loughcrew Cairns Car Park
<p>Girley Eco Bog Walk</p> 	<ul style="list-style-type: none"> ➤ Time: 90-120 minutes ➤ Length: 6km trail ➤ Difficulty: Moderate ➤ Stat-point: Drewstown Woods, near Kells
<p>Balrath Woods</p> 	<ul style="list-style-type: none"> ➤ Time: 10-30 minutes ➤ Length: 600m-1.6km trail ➤ Difficulty: Easy ➤ Stat-point: Balrath Woods Car Park
<p>Boyne Ramparts Walk</p> 	<ul style="list-style-type: none"> ➤ Time: 2-2.5hrs ➤ Length: 16km ➤ Difficulty: Moderate ➤ Stat-point: Stackallen or Navan Ramparts
<p>Mullaghmeen Forest</p> 	<ul style="list-style-type: none"> ➤ Time: 120 minutes ➤ Length: 6km ➤ Difficulty: Moderate ➤ Stat-point: Mullaghmeen Forest Car Park
<p>Summerhill Woods</p> 	<ul style="list-style-type: none"> ➤ Time: 45 minutes – 1 hour ➤ Length: 2.9km ➤ Difficulty: Easy ➤ Stat-point: Summerhill Wood Car Park

<p>Hill of Tara</p> 	<ul style="list-style-type: none"> ➤ Time: 30-40 minutes ➤ Length: 5km ➤ Difficulty: Moderate ➤ Stat-point: Church Car Park, Tara Hill
<p>Trim Castle River Walk</p> 	<ul style="list-style-type: none"> ➤ Time: 40 minutes ➤ Length: 1.5km ➤ Difficulty: Easy ➤ Stat-point: Trim Castle Car Park
<p>Littlewood Forest Walk</p> 	<ul style="list-style-type: none"> ➤ Time: 40 minutes ➤ Length: 2km ➤ Difficulty: Easy ➤ Stat-point: Forest Entrance Car Park
<p>Beaches</p> 	<ul style="list-style-type: none"> ➤ Morington Beach ➤ Bettystown Beach ➤ Laytown Beach ➤ Clogherhead Beach (Louth) ➤ Port Beach (Louth) ➤ Annagassan Beach (Louth) ➤ Termonfeckin Beach (Louth)
<p>Website: https://www.theirishroadtrip.com/best-walks-in-meath/</p>	
<p>Rossnaree Boyne Canal Walkway</p> 	<ul style="list-style-type: none"> ➤ Location: Rossnaree, Meath (Donore area)
<p>Sonairte Eco-Centre and Gardens</p> 	<ul style="list-style-type: none"> ➤ Location: The Ninch, Laytown, Meath ➤ Open Friday-Sunday 10am-5pm ➤ Website: sonairte.ie

Shops for Sensory Goods and Toys

<p>Adam and Friends</p> 	<ul style="list-style-type: none"> ➤ Adam & Friends hold a range of toys and equipment for premature babies and children with special needs. They also install multi-sensory rooms and products and child safety systems in schools and the home. <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: specialneedstoys.com ➤ Tel: 01 899 1041 ➤ Shop In store: Unit 10B 4, Stadium Business Park, Ballycoolin Road, Dublin 11
<p>Sensational Kids</p> 	<ul style="list-style-type: none"> ➤ Sensational Kids is a service for children with special educational needs based in Co. Kildare. As part of the organisation they run a child development and learning store which stocks a range of skill building toys and therapy products and books. All proceeds from sales help towards funding occupational therapy & speech and language therapy services for children at Sensational Kids. <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: SensationalKids.ie ➤ Phone orders: 045 520 900 ➤ Shop In-Store: Unit F2 Kildare Business Park, Kildare Town
<p>Sensory Kids Store</p> 	<ul style="list-style-type: none"> ➤ The Sensory Kids Store is an online store that sells products to meet a child's sensory needs. Products are listed under seeing, hearing, talking, touching, smelling, moving, feeling, learning and multi-sensory toys. <p>Contact</p> <ul style="list-style-type: none"> ➤ See more at: sensorykidstore.com
<p>Thinking Toys</p> 	<ul style="list-style-type: none"> ➤ Thinking Toys is an Irish run business that sells a range of products for children with special needs or learning disabilities. Products can be viewed at thinkingtoys.ie. The business also runs annual Christmas Toy Shows in October and November. <p>Contact</p> <p>Tel: 061 374402 or 085 889 4855 Email: info@thinkingtoys.ie</p>
<p>*Do not forget to check ALDI and LIDL for alternative options or search for similar toys on Amazon*</p>	