# **enable** ireland

Disability Services
Life With No Limits

## **Cork Services - CDNT 14**

Newsletter | Spring 2025



# **Family Forum**

The 5th Family Forum attended by 11 parents and chaired by an independent facilitator was held on the 23rd October 2024.

Our parent representatives gave valuable feedback from the region but both Eibhlín and Liz have stepped down from their roles now. We thank them for their work on behalf of CDNT14 and hope to elect 2 new parent reps at the next forum in April/May. Feedback from families indicated a preference for evening forums. We are currently looking at room booking options and will confirm a date shortly.



## **Important Reminders**

Please let us know your ideas or if you have any queries by email to cdnt14Cork@enableireland.ie

NEW DIRECT CDNT14 PHONE NUMBER

021-4663360

# Staff Allocation

#### Current No. of WTE staff in post:

OT 2.0; SL T 3.0; Physio 1.0; Social Work 1.0; Nurse 0.46; Psychology 2.0 (plus 1 Assistant Psychologist); Support Workers 1.56; Therapy Assistant 1.0, Dietician -1 across 5 teams in South Lee.

Whole Time Equivalent (WTE) 1 WTE - 35 hour week, 0.5 WTE - 17.5 hour week. Approved WTE: 16.01. In post today: 16.07

## **Staffing Updates**

Caoilfhionn O Riordan, Psychologist; Sarah Clune, Physiotherapist, Kate Hogan SLT, Yvonne Dooley, Therapy Assistants and Marie Murphy, SLT have joined the team. Nicola Delicate OT is now also with us on a full time basis.

Joan Burgess, SLT on the Early Years Team has retired. Finn Forbes, Physio on the Early Years Team is on extended leave and Amelia Desmond, Psychology Assistant has left CDNT14 to take up a post elsewhere.

The HSE are seeking feedback in relation to services under the PDS model. If you want to contribute contact:

feedback.disabilities@hse.ie

Enable Ireland, Lavanagh Centre, Cork T12 D768









## **Workshops and Groups**

Please note these are specific interventions, if relevant to your child's identified needs you will receive an invite, if you wish to enquire please contact a member of your child's team for more information.



## Early Years (0-7 years)

#### Workshops Sept 2024- March 2025

- · Let Talk Behaviour
- · Understanding Autism
- · Early Bird 6 Week Program
- · Gestalt Language Processing
- Toilet Training
- · Supporting Sleep
- · Picky Eaters
- · Focus on Fun Sensory & Communication

#### **Upcoming Workshops**

- · Promoting Independence (May 2025)
- Early Bird 6 Week Program (April-May 2025)
- Get Set for School (June 2025)

#### **STAY & PLAY GROUP (Preschool Age)**

- · Experience a fun, inclusive activity in the community during an off peak time
- · Observe team demonstrate how you can use visual supports, strategies and resources to support your child during their time in a playzone
- · Meet other parents and members of the team

## **Lets Walk - Parent Social Group Walk and Coffee**

Join other parents for a short walk followed by coffee and a chat on Thursday Mornings, Ballyphehane, 10am.

Call 085 882 5419 for more details and meeting point. Children welcome

### **School Years** (7-18 years)

Sensory Social Group (Winter 2024) Pilot: Autism & Me (Spring 2025)

#### **Upcoming Workshops**

Transition to Secondary School (Summer 2025)

Teen Life by National Autistic Society (dates tbc)

Pilot: Drama Group (May 2025) Online Safety for Young People.

Scan QR code for more



#### **Community Social Trips**

These trips provide a supportive space for families to connect and build relationships.

Through outings like zoo, farm visits, and fire station tours, children can meet peers in a fun and inclusive environment. Parents also have the opportunity to share experiences and support one another. These events hope to foster a sense of belonging and community for you and your child(ren).







