



Arklow Services - CDNT 7

Newsletter | Spring 2026



Welcome

Welcome to the Spring 2026 Newsletter for the Arklow Children’s Disability Team! Thank you for your time reading our updates.

We would like to share our news and plans for Spring 2026.

If you have any ideas, you would like to share for future newsletters, please email cdnt7wicklow@enableireland.ie.

Warm regards, The CDNT7 Team

Highlights

- Advice Corner
- Local News
- CDNT 7 News
- Workshops and Groups
See list of events attached. Please email to register your interest at cdnt7wicklow@enableireland.ie

Advice Corner



Find resources for...

- Neurodiversity
- Well-being
- Life Skills
- Families
- Education
- Communication and Interaction
- Exercise and Movement
- Assistive Technology
- Entitlements
- Independent Living

Enable Ireland have a suite of resources on the website www.enableireland.ie, that may be of interest to families attending the CDNT. See above QR code.



Local News

The Brooke House Ladies Darts Team

Arklow Ladies Darts Club have made a generous donation to the CDNT Arklow centre. These funds will be used to purchase items for our service users.

A Big Thank You to the Ladies.



Coffee Morning in Aid of Arklow Meals on Wheels

In December we held a Christmas Jumper Day/Coffee morning in aid of Arklow Meals on Wheels. We extended invitations to our colleagues in the Arklow Primary Healthcare Centre. We raised 200 euro on the day.

A Big Thank You to Hilary Sharp and her team for all the hard work they do supporting families in Arklow.



WELL DONE!



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CDNT News

Family Forum

Our Family Forum took place on the 28th of January in the CDNT Office. The main objective of the Family Forum is to:-

- Involve families in the development of Children’s Disability Services.
- Identification of issues and ideas for service development.
- To share information on service provision, governance and access.
- To facilitate networking and sharing knowledge and experiences amongst families.
- Minutes of the meeting will be circulated to families.



We have developed a video of the Arklow centre. This will be available on the website from March. Please see <https://enableireland.ie/services/south-wicklow-childrens-disability-network-team>

Information when attending appointments in the Arklow Centre

The team have put together a social story you can share with your child before attending appointments at the centre. Please scan QR code






NCSE STATEMENT ON LETTERS OF ELIGIBILITY

On Friday 13th February 2026, the NCSE released a statement that they are now reopening the application portal for Letters of Eligibility for children starting in special classes in primary and secondary school or starting special school in September 2026.

If you missed the previous October 1st 2025 deadline, you can now contact your local Special Education Needs Organiser (SENO) to request a Letter of Eligibility for special class or special school for your child. Details are available on www.ncse.ie. The NCSE website also contains information about special classes and special schools in each county, any new classes will be announced there.



For more information, please visit:

-  Facebook/actionondisability
-  Twitter/enableireland
-  Instagram/enable.ireland

www.enableireland.ie





CDNT 7 News

International Epilepsy Day 09 February 2026

International Epilepsy Day is a global event to raise epilepsy awareness, reduce stigma and promote treatment access for millions affected worldwide. For further information please see www.epilepsy.ie

World Down Syndrome Day 21 March 2026

The World Down Syndrome day theme is a focus on the right of those living with Down Syndrome to live without judgement. Down Syndrome Ireland provides all-through life supports to people with Down Syndrome and their families across Ireland. Please see www.downsyndrome.ie



World Autism Day 02 April 2026

World Autism Awareness Day is an international event to raise awareness about autism spectrum disorder (ASD) and promoting acceptance, inclusion, and support for individuals with autism. This day is an opportunity to educate the public about the challenges and strengths of those on the autism spectrum, to celebrate the contributions of individuals with autism, and to advocate for greater understanding and acceptance within society. Please see www.autism





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Neurodiversity Celebration Week 16th-20th March

Neurodiversity Celebration Week is a global initiative that recognises and celebrates neurological differences. The week aims to challenge stereotypes and promote a more inclusive and understanding society. It provides an opportunity to reflect on the value of diverse ways of thinking, learning and working. Please see website

<https://www.neurodiversityweek.com/neurodiversity>



CDNT Upcoming Events

| Event | Date | Ages | Group | Description |
|-----------------------------|------------------|-------------|----------|--|
| Toileting Programme | March/April 2026 | Under 5yrs | Targeted | A group toilet training workshop that will focus on toilet skills for young children. |
| Primary School Transition | March/April 2026 | For parents | Targeted | For parents of primary aged children starting Primary or Special School |
| Secondary School Transition | March/April 2026 | 12-13yrs | Targeted | For parents of children starting Secondary School September 2026 |
| AAC Clinic | March 2026 | n/a | Targeted | This will be a monthly Augmentative and Alternative Communication (AAC) clinic to support children and families using communication devices |
| Emotional Regulation | TBC | | | A group focused on learning techniques for self-regulation. It combines both parental and child input to help understand emotions and explore calming techniques, cognitive strategies and sensory supports to improve self-regulation skills. |

