



The Ripple Effect is a group which caters for children and teens with Aspergers, Dyspraxia, ADHD or simply those who for whatever reason find mainstream activities daunting

Our activities are run in small groups in a safe and understanding environment, where the child is encouraged to join in but at their pace.

If you would like more information, please feel free to contact me, Anne, on 086 6038163

TEEN MULTI-SPORTS SESSIONS
St. Annes Park, Raheny

Date: 9th October Time: 10.30-11.30pm Age: 13 years upward Cost: €25 per 4 weeks

Contact Anne on 0866038163 to book a place

Teen Multi Sport is a non-competitive group who just want to have fun without feeling any pressure to be brilliant

RIPPLES KARATE CLUB
Saturday Sessions
92nd St Anthony's Scout Den, Clontarf
Under 12s: 11.30-12.15pm
Teen Girls: 1-2pm
Teen Lads: 2-3pm

For more information please contact Anne on 086 6038163

Ripples Karate
Karate is for Everyone

RIPPLES KARATE CLUB
Beginners Session
Tuesday and Thursday
6-6.45pm
Coolock

For more information please contact Anne on 086 6038163

Ripples Karate
Karate is for Everyone

Our karate sessions are very relaxed and student centred, moving at their own pace but always encouraged

The Ripple Effect Friday Activity Club
6-9 years 5-6pm
10-13 years 6-7pm
14-18 years 7-8.30pm
92nd St Anthony's Scout Den, Clontarf
Cost: €40 per 4 weeks
Fun and games each week with Leanne

The Ripple Effect

A fun space where you can be yourself and meet other teens with similar interests. A lot of chatting and laughing takes place at these sessions.

From the activities we have a very active teen parent group who organise outings

OVER 18S CLUB
A space to hangout and chat
Tuesday Nights
8 - 9.30pm
Bonnybrook Youth Centre, Bunratty Drive, Dublin 17
€20 per 4 weeks

The Ripple Effect

A relaxed space where the older teens can chat and make friends. We also organise some outings.